

PRESENTED TO MAKE THE WORLD A BETTER PLACE

JAN 21 | ISSUE 02

# CONTENTS

**Q** EDITOR'S NOTE

0 4 OUR STORY

OUR SUPER HEROS-1

**7** THE MUST WATCH MOVIE- A Review

**⋒ R** INSPIRATION

OUR SUPER HEROS-2







**TEEN CELEBRITY- NIO ENDO** 

VOLUNTEER OF THE MONTH

OUR SUPER HEROES -3

THE BEST BOOK TO READ

6 CHILD PRODIGY

OUR SUPER HEROS-4

#### EDITORS NOTE

Dear Readers,

The fresh beginning always teaches one to move forward, learn from the past and proceed to the future .

Although COVID caused ill health, havoc & misery in every aspect, 2020 also brought positive things. Neighbor's who did not speak to each other for decades got to know each other. Learnt how to survive with minimum things. Brought out the hidden talents of people & innovation.

The motivation to change can come from unexpected places.

The new year is almost upon us and many of us will be setting one or more New Year's Resolutions. The fact that you have a desire to make some sort of change indicates that you do want to improve something about your life.

Few good reads can open the door to new ways of thinking and living. It is never easy to write a review for a book which is more than just a book. In this issue, we would like to introduce one such book.

Too busy for your good? Then it's time to find an hour or two and give them away. Simple, selfless acts of participants feel more "time affluent" than spending time on themselves.

So it is time for us to reflect on things, make changes in our lives & enter 2021 with hope & happiness. If you're interested in giving a little to gain a lot, join us to make the world a better place.

Love, Anupama Editor

## **OUR STORY**

#### lockdown | virtual volunteering

We realized that the world needs leaders who inspire and motivate. The biggest discovery we did was to realize that people who volunteer quite often grow up as leaders. Volunteering makes people act selfless which gets ingrained in young minds.

It all started in a seminar at P.B Siddhartha collage in Vijayawada. One of the founders was addressing a large gathering about his success with startups.

A student suggested coming up with a social start up. Within a week, the concept of starting a social organisation to promote volunteering was finalised with a 5 member team.

We were supposed to launch our volunteering activities in Vijayawada. The idea was to restrict it within the campus and each volunteering activity for 3 hours. Thereby attracting more participation.

Unfortunately, after our first meeting on 20th March. India went into a complete lockdown.

We pivoted to virtual volunteering in April, it caught up like wildfire. We are happy to see the youth of this country take it to the next level.

We started as a 7 member team during the pandemic in March 2020, from a residential house in a containment zone. Got incorporated in July 2020.

By end of December 2020, we crossed 2610 volunteer registrations, with 1196 certified volunteers and hired about 114 interns across India.

While the virtual volunteering continues, we are hoping to resume our physical volunteering activities across India, once the educational institutes reopen.

## Virtual volunteering

Volunteers are made to feed a bird or an animal within the premises of their home and share the picture on their social media accounts, tagging their friends.

Social media tagging ensures that volunteers post genuine pictures and also motivate their friends to do such activities.

Volunteers are made to interview someone who is 75+ within friends and family with few questions and mail the answers along with the video and contact details of the interviewee.

Volunteers end up being wiser by learning from the elderly. The interviews ended up building stronger bonds among the old and the young.

After compiling more than 1000 interviews, we are now publishing the book (BE A REBEL - 5 Killer Habits) to share the wisdom to the world.

All royalties from the sale of the book will be donated to WEDIDIT Foundation, making it self-sustainable.

The book is available for pre-order from Jan 2020, on Amazon.

To promote the act of volunteering across India, one of the founders will be doing a solo bike trip covering 28 states and 2 UT's in 30 days. Visiting 30 orphanages in each location and launching the book with them.



WeDidIT Foundation helps the needy. The organization is doing commendable work for beings who can't speak & can't express their feelings, like animals, birds, etc. My journey with WeDidIT has been great. One thing WeDidIT taught me is that, if we want to help somebody, it's not about having enough resources, it's about having the right intention and being kind to others.



Himanshu Bhorga Institute of Management Studies, Indore



My experience with WedidiT NGO was great. I learned so many new things. Working towards such a good cause like feeding street animals and encouraging others to do the same was such a great experience for me. People working in Wedidit are very helpful. My seniors helped me a lot during my whole internship. They motivated me and praised me a lot. That's how I got the confidence of reaching out to people and encouraged others to work with us for such a good cause during the lockdown.

Harshika somani
Guru Gobind Singh Indraprastha
University, Delhi

Being a volunteer with WeDidIT started every drive in me to become a genuine and a better person. The one thing that I learned is working with integrity and keeping in mind how this is for a good cause. I loved working at WeDidIT Foundation.



Jahnvi Charan, Lady Shri Ram College for Women, Dungarpur



Nisha Shyamsukha Dr.B.C Roy college Durgapur

I would like to express my warmest gratitude for the opportunity that WeDidIT provided me. I worked as an intern under management and digital marketing team. I communicated with people from different spheres and ages. The best thing is that through volunteering task we helped so many stray animals during this phase of Covid-19. By doing such an action, a sense of responsibility towards stray animals has developed within us. Also, we spent our precious time with our grandparents.





### WHY IT'S A MUST-WATCH MOVIE!

THE CONTAMINATION HAS BEEN OUT THERE FOR 60 TO 70 YEARS, AND PEOPLE WERE STILL REFERRING TO THESE CHEMICALS AS "EMERGING CONTAMINANTS."

WHAT'S STARTING TO EMERGE IS AWARENESS

"Forever chemicals" should never be the price humans pay for money and jobs.

What an unsung amazing hero this lawyer is! This film sheds light on the work and life of Robert Billott, a lawyer who has dedicated decades to bring justice. It was inspiring to see someone who simply did not give up. The case took almost 20 years to be decided.

Do not seek for any typical things you usually do for the movies. Movies like this are primarily educational. You may not have heard of PFOA (also called C-8), a chemical compound used, but you might be familiar with Teflon used in cookware.

Dark Waters narrates the true story of how one corporate defence attorney sought to bring the truth to light in his country. How the DuPont corporation had been knowingly poisoning the water system in West Virginia for decades while lying to the EPA about its chemicals

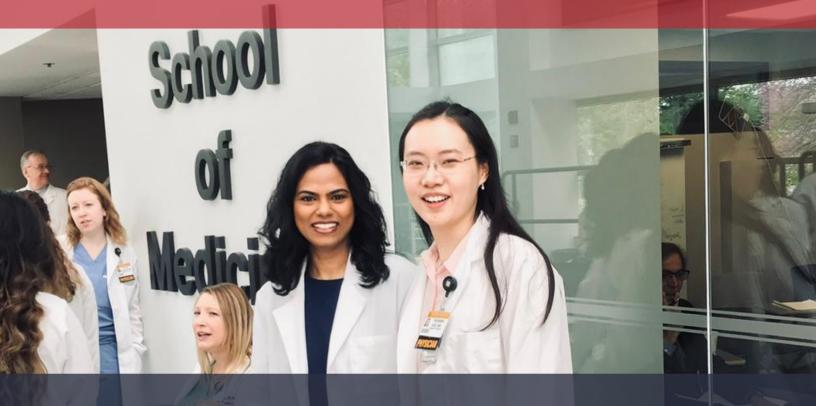
Though the movie is focused only on one company, the story for other industries remain the same. The locals are severely affected by the pollution caused, be it land, water or air. As said in the movie, the governments get influenced by such industries to delay actions against them.

The movie did a great job elevating a current day issue and a piece of history that should not be overlooked. The end of the movie displays factual events, photos, and data. After watching it, the viewers will inevitably develop a burning interest for several foiled questions. What else is in my drinking water? How many chemical companies have similar practices that will never be brought to light due to 'self-regulation'? Are there any near me?

The scary part is that Teflon products are available for sale even today. However, I have got rid of all my kitchen apparel with Teflon. Hopefully, this movie will alert others to do the same.

Once you have watched the movie, you may research to see how 'Forever chemicals' could or already have affected you or the public in general.

# Warriors who fought for us



Dr. Teresa Parimi, Known by her last name mostly, shares her experience and how the pandemic transformed her thinking.

A mother of two and a front end warrior. Dr. Parimi, a general surgeon in Texas, shares her experience in attending her duties to save lives amid the pandemic.

Dr. Parimi, an internal medicine physician in Missouri and a frontline worker, shares her experience. She says:

"Every day is a war and every time I step out of my house it's a terrifying experience, I was determined to help as many patients as possible. Even after following all precautions namely covering ourselves with the PPE kits, N95 masks, goggles, maintaining 6 feet distance, washing hands, the danger of getting contaminated by the virus is still there. For this very reason, I chose to get vaccinated against Covid. My workplace offers Pfizer Covid vaccine - I took the first dose, and I am due to take the second dose in 3 weeks. I did not have any side effects from the vaccination. I strongly recommend high-risk adults to consider taking the vaccination. I am happy that I was able to pull all my stress and do my job as a responsible doctor to help society.

Now that I have received the vaccination for COVID, I am more confident that I will do better in staying as a role model for my kids and believe that they will grow up as better humans contributing to the society at large."

"I'm so grateful to WeDidIT for giving me the opportunity to work with them in this global pandemic and make a difference by helping stray animals who had been neglected during this time. Talking to the elders and learning about their experiences helped me gain perspective and motivated me to do better in life and most importantly to become a better person. I truly believe there is more happiness in giving than receiving."



Preet Chahal Nitte Meenakshi Institute of Technology, Bengaluru



Twinkle Agarwal
SRGP Gujarati Professional
Institute, Gwalior

"It was my pleasure to work with WeDidIT. The main aim of the foundation is to return the favour of society and nature. I had learned many things from this foundation like poster making, video editing, etc. All the tasks were full of positivity and it was my pleasure to work with this foundation."

Being a BBA student, I'm especially intrigued to increase some important abilities & gaining experience. WeDidIT Foundation focuses on the skills and development of every person who joins. My experience with WeDidIT has been wonderful. I joined as a volunteer, and now working as a Marketing head and Management intern. While working here I have learned a lot of skills like Management, leadership & teamwork are few of them.



Mohammed Mudassir EThames Degree College, Hyderabad



Ajay Kumar Smath Krupanidhi School of Management, Bangalore

"I did my internship at WeDidIT. it was a wonderful experience. It motivated me to do more social services and also to help others to do social services. WeDidIT does a great job. My hopes are that this organisation should be at the highest level and I also invite everyone to join this organisation and be a social volunteer."



Hyderabad based musician, Nio believes music is the only universal language, that binds everyone in the world. He is not a typical artist looking for fame or fortunes. He belongs to our tribe of gamechangers who wants to stand as a beacon of hope for youngsters and allow them to take up music and sports as a career.

Nio Endo brought home the first-ever Hip-Hop music award for Hyderabad, winning "Platinum Song of the Year" at The Indian Film Project 50 Hour challenge.

Naezy, a pioneer of the Indian Hip Hop movement, has selected his song as the best track. "Deccan Rap", a term coined by Nio, which is an umbrella name for all kinds of Hip-Hop music from the Deccan region will be featured on MTV courtesy of this win, which is a huge step forward for building recognition to the artists in the area.



"THE FIRST STEP TO
CREATIVITY IS
DETERMINATION. AND
THE
ONLY
STEP TO GREATNESS
IS PERSISTENCE."

Nio graduated from Manipal in 2018 and worked as a trainee with Mercedes for a short while. After which he applied to several big-name companies. Forget about being rejected in the interviews; he was not allowed to apply for most of the companies, which is devastating for any job seeker. He eventually founded his own video production company and produced multiple videos during his tenure as an all in one team.

He learnt music from his father at a young age and with his mother's self-driven nature, he got the best of both worlds; passion and determination.

When parents pressurized their kids, Nio's parents encouraged him to do what makes him happy instead of running after money. He wants youngsters to consider sports and arts equivalent to studying. He says playing football taught him to stay calm under pressure and music kept him motivated. He believes that art helps you reflect and improve, and it is the only real medium of change for society.

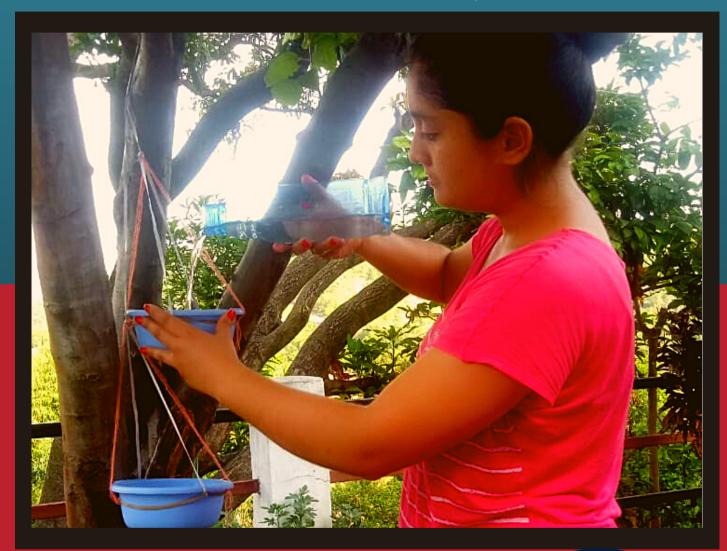
With his experience, Nio wants to share his secret for success:

"Stop looking for the end product. Start putting your head down and completing the task at hand."

# **VOLUNTEER OF THE MONTH - JAN 21**

## Rubina Jamwal

Masters in Education - University of Jammu



Rubina joined us as a management intern and handled the highest number of marketing interns and volunteers at the peaks of lockdown.

She is a role model for many volunteers.

Her compassion to help others is a

trait we all love in her.



**ISSUE 02 • JANUARY 2021** 

"I had a good experience working in WeDidIT. I got to know new people and interacted with them. Concern about animals is a great thing that was focused on throughout the volunteer task. I feel great, thinking that I had been part of the campaign of encouraging people to feed animals. In addition to it, interaction with senior citizens was a lovely experience too & through it, I came to know about their valuable experiences."



Aparna Slathia Central University of Jammu, J&K



"It was a very good experience to be a part of this renowned organization. I learned a lot of new things. Through this initiative, we got to know the experiences of our grandparents. And through this initiative, we managed to take out some time to feed the stray animal. Thanks to WeDidIT for giving me this opportunity during the lockdown."

Kanika Jain Dayalbagh Educational Institute, Agra

"My experience has been great. While I was interviewing our building's watchman uncle I got to know a lot about him. The uncle was overwhelmed too when I talked to him. He had tears in his eyes. Feeding stray animals was quite a task for me because I was a bit scared of animals. But later that fear reduced. And now I shall continue to feed the stray animals around me because it is the most wholesome feeling ever. I learned a lot."



Sharvari Satose Vidyalankar Insitute of Technology, Mumbai



"WeDidIT was a different NGO and definitely gave me an experience which was effective enough to help someone speechless. Loved the faculty and it taught me a lot of things including how to behave professionally, how to make posters and how to have every little thing sorted because that matters a lot!"

Nysa Arora Guru Nanak Public School, Delhi

## **SENIOR HERO**

Riddhi's interview of her grandfather, Mr. Kailash Chand Gupta



His memorable experience of life: "Patriotism is voluntary. The feeling of loyalty and allegiance towards a nation brings a patriotic belief in one. In 1965, I had worked as a volunteer for Civil Defence."

Serving the Nation and humanity is the righteous thing one can do. Also, being a part of the Republic Day parade has been the most splendid experience for me ever.

His life's valuable lesson: "Life is a matter of privilege.

Not everyone gets to live a luxurious life. Some people fail to even get the meal before bed. It is painful to see this around. If you can help someone, never back step then. By helping the needy, you can make this world a better place to live. People would love to be around you, and they will bless you.

Help others to find the real essence of life and getting a blessed life.

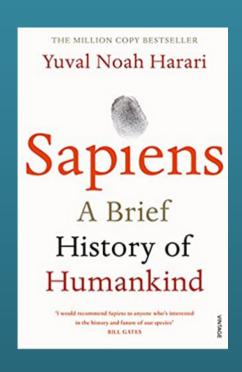
That's what I have learned in my life."



1974



Message for future generation: The young generation needs to be taught good moral values such as kindness, humility, courage, and compassion at an early age. It helps them cope with difficult situations and also realizes their duty. For instance, in this pandemic situation, I'd like to advise them to be more selfless and contribute to nation-making. Small steps like using and promoting Indian products will not only help in the upbringing of the national economy but also make them more responsible as a citizen. That's what I expect from youth to be responsible and proud citizens.





## THIS BOOK WILL MAKE A MAN OUT OF AN APE!

IT LEAVES YOU SPELLBOUND OF HOW UNAWARE AND STUPID YOU ARE BEFORE READING IT.

YOU WILL BE SWEPT OFF YOUR FEET WITH THE NUMBER OF FACTS AND KNOWLEDGE ABOUT THE WORLD.

Prof. Yuval Noah Harari is a historian, philosopher and the bestselling author His books have sold 27.5 million copies in 60 languages. He is considered one of the world's most influential public intellectuals today.

He received his PhD from the University of Oxford in 2002 and is currently a lecturer at the Department of History, the Hebrew University of Jerusalem. Sapiens is a book that does not take any biases of the world and tells you the truth.

It is a combination of truth and wisdom. It thrashes all stupidity in any human.

You want to become wise – This book will make you that. Proven with research, facts and science, it's an encyclopedia of human history from origins narrated by one of the world's best Historian living.

Though every chapter is interesting few of the thought-provokers are:

- 1 History's biggest fraud
- 2 There is no justice in history
- 3 The law of religion
- 4 The marriage of Science and Empires
- 5 The End of Homosapiens.

It is a long read. So, be prepared to enjoy the journey of facts. This book will definitely put many widely read books to shame. It will make the reader use logic and think before accepting new facts.

Overall, this book will stay as one of the best read if you are already brainwashed with magic.

In simple words you will be wiser at least by a 100 times by the time you finish reading this wonderful masterpiece. No bullshit, only truth!

### **G.TAPASH - ROLE MODEL AND CHILD PRODIGY**



## A MOTHER AND CHILD'S FIGHT ON DOWNS SYNDROME

One in every 1000 children is born with Downs syndrome. Downs syndrome is a genetic disorder. It's most often caused by the presence of an extra copy of a chromosome - number 21. This condition is called Trisomy 21. It's heartbreaking for any parent who has a kid with special needs.

Most kids are neglected and even subject to negligence and harassment. Every parent needs to understand that "Every person with Downs Syndrome has different talents; and the ability to thrive with support from parents".

Tapash is an example of right upbringing and encouragement from his mother, who never took a no for an answer. Born with Downs Syndrome, Tapash excelled in dance and won many medals and prizes nationally. This was possible only with the sheer encouragement of his mother. His mother recognized his love for music and dance at a young age. She did everything possible for her only son to follow his passion.

Mothers like Bhavani are an example to society. Effective parenting is vital for a child's development. When this mom learned her baby had a Downs Syndrome, she was devastated. Now looking back, she wants to replace that anxiety and sorrow with good emotions.

Born in an Indian orthodox family, there were things she didn't know when her son was born. She was jobless and singled at a point of time. She decided that some chromosome will not define her child's entire existence. Just because her son was born different, she did not want him to lose on things other kids received. She was embarrassed, discouraged and left to cry many times. What got this mother back on feet is the love for her kid. She proved that he is not dumb or confused. HE NEEDS TIME.

Tapesh knows a lot more than what he articulates sometimes. He doesn't think he is different, and he probably has his highest self-esteem. The beauty in his dance was found in his spirit.

At the end of the day, What makes Tapash special, is not his syndrome, but his drive to push forward and win.

"I was looking forward to working with a startup when I got the chance to work with WeDidIT. During my volunteering work, I really enjoyed interviewing my Nani. as I got to interact with her after long. Due to proper guidance from the mentors of WeDidIT made it possible for me to come out of my comfort zone and learn new things like video editing and poster designing. The flexible work timings made the work even more enjoyable. I got to work in different domains and gained knowledge of how an organisation works. Thanks for giving me this opportunity."



Isha Ganvir Delhi Technological University, Delhi



Jasqueen Chadha Guru Govind Singh College of Commerce, New Delhi

"What can you say about an organisation which makes you realise the worth of those beautiful moments in your life which you felt did never exist. From volunteering to socialising with people in those days when we didn't know what our future would be, clueless, aimless, hopeless. WeDidlt truly made me learn so much and made me so confident in a few months which I adore. Thanks to the wonderful guide Sri Krishna Seelam Sir for calling me up that day."

"Working with WeDidIT as an intern was an amazing opportunity for me. Honestly, I'm afraid of touching animals but with WeDidIT, I didn't only touch them but actually fed them. I feel the animal-human relationship very closely. I got the chance to have a long conversation with my grandfather and I loved to recollect his old memories. I also loved to be a mentor of 10 people under me and guide them. Also, making posters was the best part for me. I got a wonderful mentor who constantly guided me to do better work and help me throughout."



Komal Singh Pathwa Lady Shri Ram College for Women, New Delhi



"Yes. Working with WeDidIT gave me good experience. They gave me social awareness about all living beings around us. Working hours were flexible so it gave me more interest to work. It was a good opportunity for me to work with such a great organization. I was glad to work with them. Thank you."

Amrutha PV Lady Shri Ram College for Women, New Delhi











Wedidit